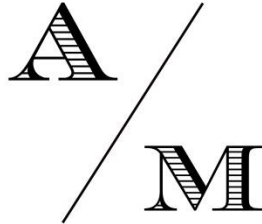


## Wrist Measurement Guide



<i>Size</i>	<i>Measurement in Inches</i>
Extra Small	5.75 - 6.25
Small	6.25 - 6.75
Medium	6.75 - 7.25
Large	7.25 - 7.75
Extra Large	7.75 - 8.25

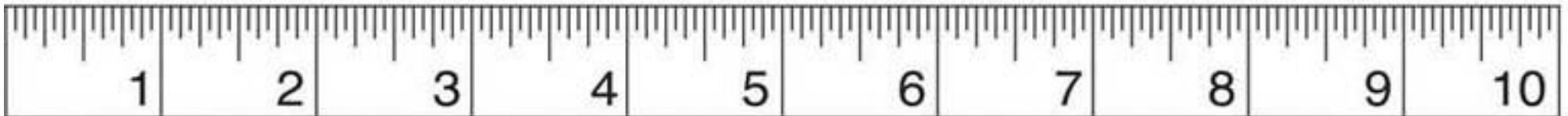
\*Add  $\frac{1}{4}$  to  $\frac{1}{2}$  inches to wrist size

### Measuring your wrist size

- Determine the fit that's best for you based on your preference, custom sizing or standard fit
- Using a flexible tailors tape or the printable size tool below, measure the circumference of your wrist. Beginning with the number "0", place the measuring tape on wrist wrapping it firmly right above your wrist bone with the number side facing out. Label where the ends of the measuring tape meets.
- After measuring your wrist circumference, **add  $\frac{1}{4}$  to  $\frac{1}{2}$  inches to your measurement to allow mobility and adjustability of the wrist.** Note that based on preference and desired fit, sizing can vary based on customer comfortability.
- Determine which size bracelet you will need correlated with our sizing chart

### Standard bracelet size

- The men's standard bracelet size is large - 8 inches



### **Custom Order Form**

Need a custom size? Complete your size request here

<https://www.ashleyandmelissa.com/custom-size-request-form>

### **Size Chart**

<https://www.ashleyandmelissa.com/wrist-measurements>